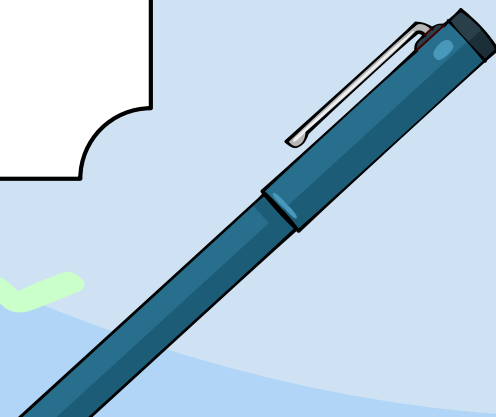
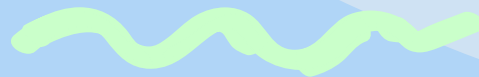




# Science Show

## for kids

Video Lessons



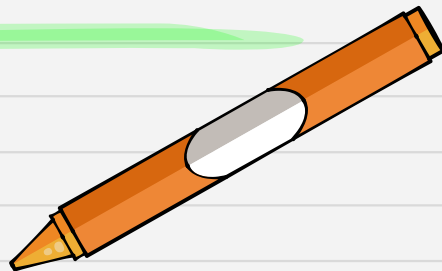


01

# Why Do We Get Mad?



[click here to watch the video](#)



# I. Complete the sentences below using the correct words in the bottom box.

1. Your \_\_\_\_\_ is how you feel or what you do because something happened.
2. An \_\_\_\_\_ is a strong feeling.
3. A \_\_\_\_\_ is someone or something that may hurt you or put you in danger.
4. A \_\_\_\_\_ is something that gives information or tells people what to do.
5. An \_\_\_\_\_ is a natural ability that helps you know what to do, even if you do not think about it.
6. If something goes into \_\_\_\_\_, it starts being very busy and working very hard.



• signal      • threat      • instinct      • reaction      • emotion      • overdrive

## II. Choose the correct answers based on the video.



1. The woman in the video does NOT try to make a \_\_\_\_\_ face.

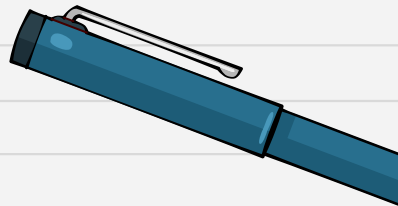
- A. sick
- B. silly
- C. surprised

2. Our angry feelings \_\_\_\_\_.

- A. are bad for us
- B. stop our bodies from working
- C. help to keep us safe from threats

3. The woman says that you might be angry because \_\_\_\_\_.

- A. your friend laughed at you
- B. you did not get something you asked for
- C. a grown-up did not want to play a game with you

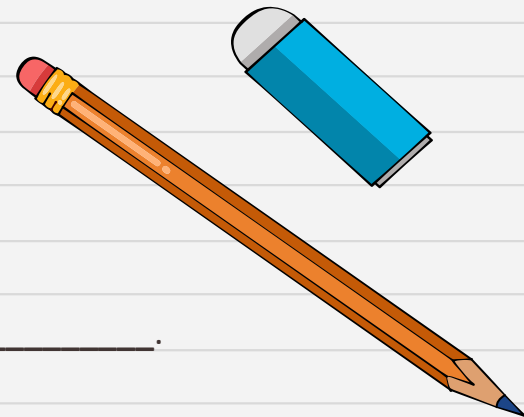


## II. Choose the correct answers based on the video.

4. When you clench your jaw and frown, you tell others to back off or move \_\_\_\_\_.
- A. closer to you
  - B. away from you
  - C. together with you

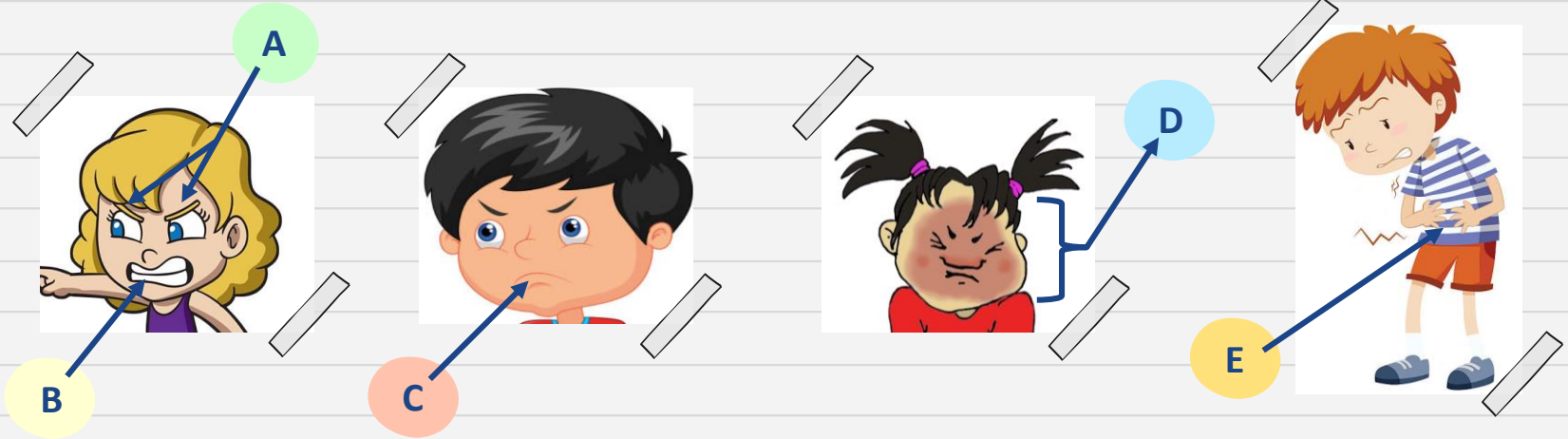
5. The woman says that cats \_\_\_\_\_ to show they are angry.
- A. growl
  - B. squeak louder
  - C. arch their backs

6. The woman does NOT say that she tries to control her anger by \_\_\_\_\_.
- A. eating very little
  - B. taking a few deep breaths
  - C. counting to ten very slowly



### III. Match the signs with the correct sentences in the bottom box.

#### Signs That You Are Angry



1. You have a big frown.
2. Your face scrunches up.
3. Your stomach hurts a bit.
4. You clench your teeth together.
5. You move your eyebrows down.



## V. Answer the questions below in complete sentences.

**Based on the video:**

1. What can be hard to do when you are feeling angry?
2. When can people get angry much faster?



**Think about the last time you were angry.**

3. Why were you angry?
4. What were the signs that you were angry?
5. Aside from the tips and tricks in the video, what are some ways to control angry feelings?

